

Ways to Play Every Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
List things you can do to lift others up.	Make a paper chain of kindness	Find items that work best in pairs.	Practice counting 1-10 and 10-1 with paper people.	Choose a book to share with a friend.	Play an opposite puzzle matching game.	Create a buddy bench spot on the play area.
Select some toys to donate.	Learn how to fold washcloths and hand towels.	Play a silly game of "telephone".	Put toy cars in order by size	Decorate your school's sidewalk with chalk.	Make a thank you card for a community helper.	Go on a scavenger hunt for red items.
Brainstorm things we can give to others.	Make a snack to share with friends.	Create watercolor yarn art.	Draw a picture of the perfect present.	Do a good deed for someone.	Practice gentle hands by playing "hot potato".	Create a Mitten Tree for your classroom to collect mittens.
Make a list of things you are thankful for.	Sing "If You're Grateful and You Know It".	Learn how to say "thank you" in other languages.	Play a pick up stick gratitude game.	Start a gratitude journal.	Explore being thankful with a gratitude sensory bin.	Go on a gratitude scavenger hunt.

November