

# Ways to Play Every Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Go on a 5 senses winter walk.	Explore light & shadows with flashlights.	Play a mitten matching game.	Add animals to the train table.	Make homemade snow.	Build a bear cave fort.	Make animal track art.
Make a falling hearts sensory bottle	Create playdough love monsters	Sort hearts by color or size.	Practice counting hearts .	Draw a picture of a loved one.	Create a book about love.	Play in a Valentine's Day sensory bin.
Create a dramatic play library.	Go on a picture book scavenger hunt.	Put together a display using favorite books.	Make a thank you card for your librarian.	Draw a picture about a favorite book.	Dress up like a favorite book character.	Have an dinosaur picnic with books.
Visit a dentist & learn about oral hygiene.	Practice using a toothbrush with water and toys.	Sort food that is good/bad for teeth.	Arrange dental hygiene items by size.	Have messy fun with toothpaste slime.	Play the Race to Lose a Tooth game.	Mix up some dinosaur toothpaste.

## February