

Coffee and Sugar Scrub Bars

2 Heaping Tbls. Coffee Grounds
¼ Cup Turbinado Sugar
10 Squares Goat's Milk Soap
Base

Empty Keurig Cups (to mold bars) – tape the hole on the bottom of the cups before using as a mold.

Thieves Essential Oil – 6-8 drops

Directions:

Melt the soap base per package directions. Add the coffee, sugar, and Thieves essential oil drops - stir well. Pour into the empty Keurig cups and allow the bars to set for a minimum of 40 minutes. Gently press the bottom of the K cups to release the coffee scrub bars after the setting time. Enjoy!

**Coffee and Sugar Scrub Bars**

2 Heaping Tbls. Coffee Grounds
¼ Cup Turbinado Sugar
10 Squares Goat's Milk Soap
Base

Empty Keurig Cups (to mold bars) – tape the hole on the bottom of the cups before using as a mold.

Thieves Essential Oil – 6-8 drops

Directions:

Melt the soap base per package directions. Add the coffee, sugar, and Thieves essential oil drops, - stir well. Pour into the empty Keurig cups and allow the bars to set for a minimum of 40 minutes. Gently press the bottom of the K cups to release the coffee scrub bars after the setting time. Enjoy!

**Coffee and Sugar Scrub Bars**

2 Heaping Tbls. Coffee Grounds
¼ Cup Turbinado Sugar
10 Squares Goat's Milk Soap
Base

Empty Keurig Cups (to mold bars) – tape the hole on the bottom of the cups before using as a mold.

Thieves Essential Oil – 6-8 drops

Directions:

Melt the soap base per package directions. Add the coffee, sugar, and Thieves essential oil drops - stir well. Pour into the empty Keurig cups and allow the bars to set for a minimum of 40 minutes. Gently press the bottom of the K cups to release the coffee scrub bars after the setting time. Enjoy!

